

PVHC Hike Rating Guidelines

- **Easy 1**
 - 1-4 miles
 - Flat walk
 - Ex – Ashley Reservoir, Whiting St Reservoir
- **Easy 2**
 - 4+ miles
 - Some elevation – up to 500 feet gain
 - Ex - Arcadia Wildlife Sanctuary, Chick-a-Dee Trail
- **Moderate 1**
 - 5-6 miles
 - 500-1000 feet elevation gain
 - Ex – Tuesday night hikes – Goat Peak, Mt Holyoke
- **Moderate 2**
 - 5- 8 miles
 - 1000-1500 feet elevation gain
 - Ex – Mt Norwottuck/Rattlesnake Knob Loop
- **Moderate 3**
 - 6-10 miles
 - 1500-2500 feet elevation gain
 - Some scrambles, ledges, rough footing
 - Ex –Mt Tom Range Traverse, Mt Greylock via Gould Tr
- **Difficult 1**
 - 7+ miles
 - 2500+ feet elevation gain
 - Scrambles, ledges, rough footing
 - Ex - Seven Sisters, Greylock via Thunderbolt Tr
- **Difficult 2**
 - 10+ miles
 - 3000+ feet elevation gain
 - Scrambles, ledges, rough footing, climbing
 - Ex – Many White Mt and ADK 4,000 mountains, Mt Greylock Traverse, Seven Sisters Yoyo