

BOOTPRINTS

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May 2008

The Farewell Hikes and Feast – John Gets Plenty of Both (Reflections)

By Mike Reed

Monument Mountain, Ice Glen, Laura's Tower, the "Housatonic Stroll" and La Red Rose Pizzeria,

all in one day. Does the club know how to give a send-off or what? Our man John (Klebes), former club president and Bootprints editor-in-chief (plus other duties), is moving to the coast,

as many of you know, so on April 6th we celebrated this bitter-sweet occasion with lots of hiking and lots of food. ("Lots of Hiking and Lots of Food" – a title for your memoir, John?) Kudos to Shari Cox and the club pres, Ann Marie, for making this a very satisfying day for all involved: 20 for the hikes, 36 or so for the feast.

Monument Mountain is a Trustees of the Reservations property in Great Barrington which, amazingly, I had yet to climb. I have led many hikes at Trustees properties but never got around to doing this one, so it was good to add it to my list of "conquests." It was a moderate hike, as advertised, with some rock scrambling at the top, which I always enjoy. The weather was cloudy throughout but cool, not cold, and the trail ice was manageable – no "icers" required. There were lots of spots amongst the rocks at the top to picnic at that also provided shelter from the wind, so I found it quite pleasant.

I mentioned to numerous people on this hike that a number of authors had first made this mountain

famous in the 1800s, but no one I spoke to had heard-tell of this tale. Here's the scoop on this, borrowed from the Trustees website (www.thetrustees.org):

For almost two centuries, Monument Mountain has been a source of inspiration to poets, novelists, and painters. During William Cullen Bryant's stay in Great Barrington (1815-1825), he penned "Monument Mountain," a lyrical poem that tells the story of a Mohican maiden whose forbidden love for her cousin led her to



leap to her death from the mountain's cliffs. A rock cairn marks the spot where she lay buried, giving the mountain its name — Mountain of the Monument.

"Lots of Hiking and Lots of Food" – a title for your memoir, John?

On August 5, 1850, Nathaniel Hawthorne and Herman Melville enjoyed a well-chronicled picnic hike up Monument Mountain. A

thunderstorm forced them to seek refuge in a cave where a lengthy and vigorous discussion ensued, inspiring powerful ideas for Melville's new book, Moby Dick. (Note: A famous painting of this scene hangs in the W.C. Bryant homestead in Cummington, MA.)

The Ice Glen & Laura's Tower hikes in Stockbridge, just south of the center, were also enjoyable, although there were considerably more muddy spots on these trails.

Both are accessed from the same trailhead off of Ice Glen Road and form a wye with a trunk trail that leads to them both. Ice Glen, a boulder strewn gorge (see below), was indeed quite icy – icy enough (wall to wall with rolling contours) that the group entered only 30 or 40 feet into the glen

proper and decided to head back. Harry Allen (or was in Lynn?) said that they had visited the glen in mid-summer one year and there was still ice present, making it a very cool place to be indeed at that time of year.

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Trip to Boston

February 23, 2008

By Gary Dolgoff & Joanne Miller

Despite a 6"+ snowfall the night before, the trip to Boston proceeded as planned. We met at Ludlow McDonald's and drove to Joanne Miller's new home in Roslindale (a neighborhood in Boston). Joanne moved to Eastern Massachusetts in November of 2007.

Our first hike was through the Arnold Arboretum. There were several groups of walkers and cross country skiers, enjoying the new fallen snow. We stopped at the Visitor's Center, where we were directed to Jamaica Pond, which was about 1/2 mile down the road. From there we proceeded to hike around the pond, about a 2 mile hike. The pond is a very popular walking spot. The scenery is beautiful, and at one spot you can see John Hancock Building off in the distance. There were many ducks, geese and other birds at the pond. Thereafter, we took "The T" down to Back Bay. We walked several blocks over to Newbury Street, where we enjoyed warm coffee/lattes at Espresso Royale. Then we took "The T" back to Roslindale, where we walked for another mile or so and then stopped for a delicious dinner at Geoffrey's Cafe.

Our total hike mileage for the day was around 6 miles. We would like to repeat the hike again in the spring or summer, in order to see the various plantings and foliage in the area.

Here's what the AMC's website has to say about the glen:

'At the northern end of the Beartown Hills is the gorge called Ice Glen. Nathaniel Hawthorne called it "the most curious fissure in all Berkshire." He was more correct than he knew. The streams around Ice Glen all flow south to north, while it is aligned east to west. The glen's deep ravine and the boulders calved from the gorge walls are evidence of flowing water, yet no stream runs through here. Ice Glen is not a large place — the ravine runs less than a quarter-mile. Yet each turn reveals another cave or more stacked boulders or ancient trees. The hemlocks (one of them New England's tallest at 130 feet) provide a blanket of shadow even on the brightest day ... The path offers nice views of the many boulder caves that litter the floor of the glen, marking the spot of a long-dry glacial lake. In an impressive finale, the path passes through a narrow fissure with huge boulders and deep caves all around.'

Sounds pretty inviting, no? Next we backtracked to the wye and headed towards Laura's Tower, which was more rigorous (consistently uphill) than the muddy slog to the glen, but which I didn't find quite as interesting. There's a viewing tower with decent views at the top, which the batophobes amongst appreciated hearing about second-hand from below. (Who me, a



batophobe? I just wasn't in the mood that day; that's all.) Actually, I'm fine with towers as long as I don't have to see through the stairs as I'm climbing up them. Anyhow, so that was fine and all. And then, as if we hadn't hiked enough – we were on about our 6th mile at that point I'm figuring – Norm led the chorus of those who wanted to walk this handicap-access trail along the Housatonic River that starts just across the bridge from the Ice Glen parking area. It's gravel covered and flat, passing between railroad tracks and scrub/floodplain vegetation along the river,

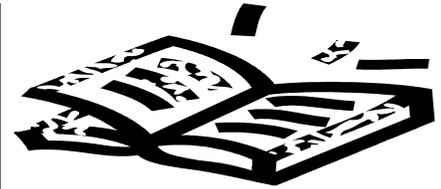
and well, kind of boring. Been there, done that. Still, the bantering and jesting was reaching its crescendo by this point – perhaps we were getting a bit slap-happy on this our fourth trail of the day – which made the time pass enjoyably.



Then we were off, headed back to Springfield for the feast. Bill Burgart and I Yes, Biker Bill is back with us, and hiking mountains! You just can't keep him down. –Welcome back, Bill – got to Red

Rose Pizzeria early and were sufficiently recovered from hiking ad nauseum to, yes, hike some more; taking a spin through the Springfield Museums Quad (Bill had never seen the Seuss statues there) and on down Matoon Street and its oasis of Victorian brownstones before returning to Red Rose just in time to get prime seating.

Others will probably cover the feast in this *Footprints* issue, but I'll just add my two scents worth (oi, the odors!), make that two cents worth: I had a great time. The salad and pizza were tasty, although my choice of the chianti was regrettable, yet the comradery was our club at its finest, including Shari's and John's speeches, which were quite touching and memorable. I wouldn't have missed it for the world. BOL John. Don't be a stranger.



Monadnock, More than a Mountain

Author: Craig Brandon
Professor of Journalism, Keene State College
Surry Cottage Books © 2007
www.surrycottagebooks.com
Book's companion web site:
www.monadnockmountain.com

Book Review:
By Sally A. Roberts

Although I have hiked Mount Monadnock before, in the fall of 2002, as the final leg in completing the entire M&M Trail, my most recent trek to the summit in March of 2008, was more than a hike – it was an adventure etched indelibly in my soul, as I felt I was hiking not merely a mountain but a personality surrounded by centuries of colorful history. It truly was "More than a Mountain."

It was bitterly cold on March 9, 2008 when the small band of us trudged our way through considerable snow and ice. The grey sky warmed to no more than 15 degrees and with the wind blowing at 20-30 miles per hour the wind chill at the summit was below zero. It was so cold our water bottles froze. But rather than dwell on the cold, my thoughts were more on the centuries of hikers who had braved their way to the summit, on the untold number of Monadnockers who had rallied around the country and fought valiantly to save the mountain from developers, and of the many artists, poets, writers and dancers who had expressed their enchantment with the mountain in a multitude of ways. Monadnock had become more than a mountain - it was personality, a living thing. "Monadnockers" is the term coined for those who fall under its spell.

The history of Monadnock is portrayed vividly in a new book, published in 2007, written by Craig Brandon: *Monadnock, More than a Mountain*. I had just finished reading this book before the March hike. In fact, I even brought it with me on the drive up so I could share it with the others in our group of hikers.

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On the way up the mountain, we encountered the marker for the Halfway House, a three-story hotel located on the west side of the mountain at the end of a mile-long toll road. The first Halfway House opened in 1860. The hotel burned to the ground in 1954. The book has nearly 100 pictures, including many old and rare photos never before published. There are old photos of Mountain House guests with horse and buggy from about 1870.

Now that Japan's Mount Fuji has a paved road with bus service to the top, Monadnock can justifiably and proudly assert its claim as the most climbed mountain in the world. That equates to 100,000 hikers every year. It is 3,165 feet above sea level. On a clear day, from the summit you can see parts of all six New England states and 100 miles in every direction. The panorama takes in the Prudential Tower in Boston, Newburyport Harbor, Mount Washington in the north, Stratton and the Green Mountains to the west, and parts of the Berkshires including Mount Greylock.

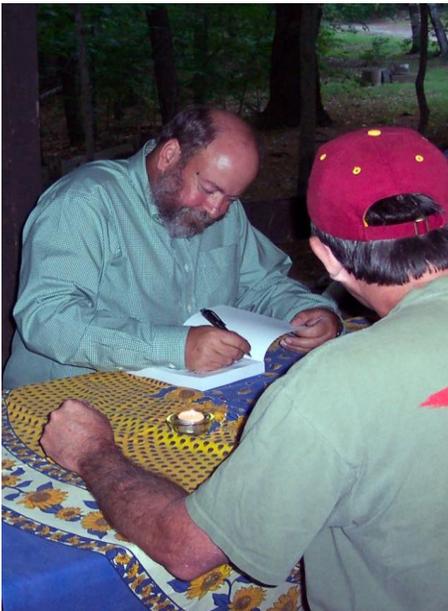
To the Native American legends have been added, in recent centuries, more than 60 poems and dozens of paintings that are in museums around the world. There are even operas, symphonies, waltzes and Morris dances written about it. Craig Brandon's book does not concern itself with how to hike the mountain. More than enough guidebooks and maps are now available, in print or the internet. The heart of this book is why so many hike the mountain, and why so many retain a special attachment to the mountain long after their visit.

It is a history of the inspiration part of hiking rather than the perspiration. But there is plenty of the later detailed in the book. The early explorations and the eccentrics are stories we may have heard and are carefully recounted here. The more critical message to be gleaned is the amount of persistence, diligence, and hard work it has taken over the centuries to preserve this magical place for future generations. Many dedicated "Monadnophiles" have spent thousands of hours and thousands of dollars protecting it from development. The PVHC and its members know the labor and resources that go into maintaining just a portion of the M&M Trail. An entire mountain? That's a LOT of work.

Hundreds of painters, poets, writers, composers, choreographers and photographers have responded to the call to transform Monadnock into art. The list of those who answered that artistic call includes Henry David Thoreau, Ralph Waldo Emerson, Edward Arlington Robinson, Mark Twain, H.P. Lovecraft, Amy Lowell, Rockwell Kent, Galway Kinnell, Willa Cather, Rudyard Kipling, Alan Havhannes, Abbot Thayer and William Phelps. Ralph Waldo Emerson put Monadnock on the

literary map with his long 1846 poem Monadnoc. This is one of Emerson's most famous poems, setting out the

Transcendentalists' view of nature as something that humans can use as a teacher. Emerson was the most popular poet, essayist and philosopher of his day and his endorsement of the mountain brought the literary and intellectual leaders of the day to vacations at the Halfway House for a



generation after his death. Emerson's poetry transformed it into the noblest mountain in literature. Poet Robert Lowell called Monadnock the country's "most literary mountain."

Henry David Thoreau made four trips to Monadnock between 1852 and 1860 and wrote the most complete description of the mountain that exists for the 19th century. The account in his journal is one of the most famous descriptions of Monadnock and has made the mountain a part of American literature. Among the frequently visited places on the mountain are "Thoreau's Seat" and "Emerson's Seat," named after Concord Transcendentalists Thoreau and Emerson. The names on the "seats," however, are entirely honorary. It's highly unlikely that either Thoreau or Emerson ever sat on their "seats."

Abbott Thayer was one of the most famous artists in American when he moved to Dublin Lake in 1890 and helped found the Dublin Art Colony. He painted Monadnock as a white snow-covered triangle against the

blue sky. That painting hangs in the Metropolitan Museum of Art in New York. But he was also a leader in the movement to save the mountain from developers in the 1911-1915 period. When he died his ashes were spread on the summit.

Raphael Pumpelly was a world-famous explorer and a professor of geology at Harvard who spent his summers on the southern shore of Dublin Lake. His property bordered on the mountain and in 1884 he blazed a trail from his house to the summit that still carries his name. The Pumpelly



Trail is considered the most scenic and interesting on the mountain, and is nine miles round trip. He also built a rock house near the summit that he shared with Thayer's son Gerald.

Developers have threatened to build structures on Monadnock for over a century. Each time grass roots Citizens Groups successfully saved the mountain. Without their hard work Monadnock would be full of mansions, a radio antenna, a tramway, a highway up the side and clear cut forests where the state park is located. Philip Ayres, the chief forester for the Society for the Protection of New Hampshire Forests, spent thousands of hours between 1911 and 1915 tracking down the ancestors of the "Masonian heirs" who owned the summit of Monadnock to persuade them to sign over their property rights to save the mountain from developers. Allen Chamberlain, the author of *Annals of the Grand Monadnock* in 1936 and assistant to Ayres in securing property rights to the summit of Monadnock, was the mountain's spokesman for the latter part of his life. He lectured around the country about how important it was to save the mountain.

Grenville Clark was a life-long advocate of civil rights and world government and a Wall Street lawyer who spent his summers in Dublin. In 1944, when a Keene radio station announced that it planned to build a radio tower and tramway to the summit, Clark went into action to stop the project. Working mostly behind the scenes he wrote hundreds of letters to influential people and raised thousands of dollars. He obtained an option on the Halfway House property, which effectively halted the process until the FCC killed it.

Monadnock has become an icon, almost like a grail that pilgrims come to visit. The elements of simplicity, beauty, majesty, and strength are blended into the atmosphere of a great cathedral. It becomes more than a mountain, where pilgrims may come for inspiration, comfort or repose. Perhaps the secret to Monadnock's siren call and popularity is not that it is all things to all people, but that it relates to people in individual ways. For those who know it best, Monadnock has become a part of their lives and it has always served as a refuge during troubled times. That helps to explain why it became a popular place after the World Trade Center towers fell in 2001. Within days, the summit was covered in flags and local people turned to Monadnock to help them respond. Craig Brandon's new book magnificently portrays the panorama of history surrounding Monadnock. You will be enchanted by Brandon's *Monadnock: More than a Mountain*.

I confess that I have fallen under Monadnock's spell and have humbly joined the army of "Monadnophiles."

Paintings can be viewed online at <http://www.monadnockmountain.com/paintings.htm>.

Poems can be read at: <http://www.monadnockmountain.com/poetry.htm>

Weekly Hike Updates

Dear Club Members:

We have gotten a lot of good feedback on the weekly hike update emails. It's a convenient way to keep you up-to-date with changes and additions to our clubs schedule. Recently we have gotten a number of people asking to be added to our clubs email list that are not members. The email list is one of the many benefits of membership in your hiking club. We encourage everyone to share your experiences with your friends and invite them to be our guest on a hike or two. If you do chose to forward the email schedule updates please be sure to encourage your friends to join our very active club and enjoy the many benefits of direct membership. Your membership pays for the many significant expenses we have such as liability insurance, providing meeting resources, subsidizing our clubs picnic, holiday party, trail maintenance activities, training programs and scholarships, and many other benefits. We look forward to adding many new friends to our hiking family.

A note to our hike leaders: You are our spokesman to new members. On hikes please ask who is a guest and help to educate them on how our club works. Club membership brochures and website business cards with our website are available at all our meetings. Put a handful in your car and share them with any guests on hikes you lead. We encourage everyone to try us out as our guest on a hike or two but to be fair to everyone else that pays their membership lets encourage returning guests to become active members of our family.

The Executive Board of the PVHC

A question to the club about our newsletter:

Tuesday was Earth Day and the topic of how the Pioneer Valley Hiking Club can do its part was brought up at this month's board meeting and at our last club meeting. The executive board would like to hear your opinion on if we should go paperless with our clubs newsletter "Bootprints". You can see how it will look by visiting our website today, all the old Bootprints are already online there.

<http://www.geocities.com/pvhcweb/>

Please give careful thought to the idea and let the board know how you feel. On one hand the printing and postage are a significant cost to the club and impact on the environment. On the other hand not everyone has access to the internet our likes to read material off the computer. Let us know your opinion on having the Bootprints only available from the website.

The Executive Board of the PVHC

Letter from the Editor

Dear Club Members,

I would like to take this opportunity to introduce myself as the new Editor of the Bootprints newsletter. My name is Marie Babbitt and a returning member to the club. I was a member from 1999-2001.

I took some time off from working and did some traveling out to some of the National Parks in the west and up the east coast.

I made a career change and then moved to the Berkshires. I lived in the Berkshires for the past 5 years after leaving the area in 2002. Life in the Berkshires was wonderful as you can all imagine..

Since my return to the club I have joined in on numerous hikes and it has been great to meet old friends and make new ones.

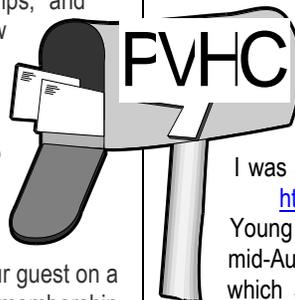
John has some big boots to fill and is a very special person. I will do my best in giving you the best newsletter I can. I am asking for your help in accomplishing this. I would ask you all to consider submitting articles for the newsletter along with all the great pictures you take along the trails for the hikes that you go on.

And to all of you who have been writing articles and I am asking you to please continue to write them and send them in.

My e-mail address is marie_babbitt@hotmail.com

I look forward to meeting you on the trails and through our work together on the newsletter. If you have any ideas for the newsletter please let me know what they are. Thank you.

Marie Babbitt



Ticks, Ticks, Ticks

Tis the season for ticks and that means pulling out the old magnifying glass and checking yourself after the hike. Those pesky little critters are hard to spot but a must do this time of year.

I was able to collect this information from the following website <http://www.health.state.ny.us/diseases/communicable/lyme/>. Young deer ticks, called nymphs, are active from mid-May to mid-August and are about the size of poppy seeds. Adult ticks, which are approximately the size of sesame seeds, are most active from March to mid-May and from mid-August to November. Both nymphs and adults can transmit Lyme disease. Ticks can be active any time the temperature is above freezing.

The disease can be spread when an infected tick bites a person and stays attached for a period of time. In most cases, the tick must be attached for 36 hours or more before the bacteria can be transmitted.

In 60-80 percent of cases, a rash resembling a bull's eye or solid patch, about two inches in diameter, appears and expands around or near the site of the bite. Sometimes, multiple rash sites appear. The early stage of Lyme disease is usually marked by one or more of the following symptoms: chills and fever, headache, fatigue, stiff neck, muscle and/or joint pain, and swollen glands.

When in tick-infested habitat - wooded and grassy areas - take special precautions to prevent tick bites, such as wearing light-colored clothing (for easy tick discovery) and tucking pants into socks and shirt into pants. Check after every two to three hours of outdoor activity for ticks on clothing or skin. Brush off any ticks on clothing before skin

attachment occurs. A thorough check of body surfaces for attached ticks should be done at the end of the day.

For more information visit the website listed above to keep yourself informed, healthy and safe this summer hiking season.

Marie Babbitt

Thank you, Ironman and JBL Trip

By Ann Mundy

1. Thanks for your love and support in the loss of my Dad. It was comforting to see and/or hear from PVHC people. You are my "other family". Love, Ann Mundy

2. \$ needed by May meeting for ADK Ironman Car Camping July 18,19,20, 2008 Ann Mundy & Al Roman

Cost \$26/person for 3 nights and hamburgers and hot dogs for Sat. p.m Cash or ck. (Make check out to Mary Ann Mundy). You can get a full refund until May meeting.

For more info: Ann Mundy 562-1864 ahmhiker@aol or Al Roman 568-0768 decapo8@comcast.net

There will be several hikes to High Peaks, other long hikes to great places with less elevation gain, and the usual trips up Mount Jo and Mt Van Hoevenburg. One suggestion for High Peaks on Saturday would be Colvin and Blake out of the Ausable Club area. Colvin looks down onto Ausable Lake and there is option of Indian Head and Fish Hawk Cliffs on the way. (Spectacular views). I am planning on a group potluck for Saturday night for those who are interested. I will provide hotdogs and burgers.

There will be a free program at ADK High Peaks Information Center on Sat. night. Campfire at group site each night with PVHC trail tales and songs. Some of our people will be volunteers in Lake Placid for the Ironman Race on Sunday.(See Marcia Kelly if you need details). Some people may opt to go in to Lake Placid on Sunday night to watch the finish line of Ironman Race. For those new to Ironman Weekend:

We will be car camping at the Adirondack Loj Campground on the shore of Heart Lake. The facility is owned and operated by the Adirondack Mountain Club. The High Peaks Information Center(trail info) and store(limited supplies) are also located here. This campground is the hub from which many hiking trails lead to the High Peaks. There are difficult hikes, moderate hikes, or one can sit on a swing by the lake, take a swim, or canoe or kayak. The campground is located just south of Lake Placid, very near the Olympic Ski Jump Training Facility.

I would caution you that this is the Lake Placid triathlon weekend and it will be difficult to get out on Rt 73 on Sunday unless you leave very early in morning or late afternoon so if you are debating on which day to take off from work, I would suggest Monday.

Web Site with pictures: www.adk.org

Other options: Lean-to, Tent Platform, or stay at the lodge(LOJ)

The Adirondack LOJ(meaning lodge) has private rms, family rms, and a coed bunkroom.(on campground property) If interested in lean-to, tent platform or LOJ, please call directly at 1-518-523-3441.

3. \$53 due at May meeting for JBL for Sept 19-21, 2008

Adirondack Fall Foliage Trip-Johns Brook Lodge Sept 19(Friday)-Sept 21(Sunday),2008 2 nights lodging

3.5 mile backpack from Keene Valley to a lodge in heart of High Peaks 800 feet elevation gain Access to many High Peaks

Leaders-Ann Mundy 413-562-1864 ahmhiker@aol.com and Al Roman 568-0768 decapo8@comcast.net

Tentative reservations must be made immediately if interested in a bunk. I have reserved 20 bunks for each night-the two large bunkrooms.

Cost is \$25/night plus \$3 for Saturday night feast for total of \$53.Please send a check by May meeting for the full amount made out to Mary Ann Mundy. You can get a full refund up until the June meeting. After that, you are committed and would need to get your own replacement. Address Ann Mundy, 35 Christopher Drive, Westfield, MA 01085

I am reminding you that parking at the Garden is a challenge. I urge you to carpool. No shuttle on Friday. Those arriving in Keene Valley late Friday night may want to stay at Hostel (\$20???) 1-518-676-2030 and come in early Sat. a.m. Hostel now has new caretakers but they are wonderful and very accommodating.

Anyone interested in staying at Hostel Thursday night if we can get beds??????

Important Notice

The following memberships are up for renewal:

May Renewals:

Hedy Beaudry
Nancy Court
Janice Doubleday
Karen Giard
Ravi Kulkarni
Betsy Loughran
Sollena Morginn
Crystal Nepus
Margaret O'Connor
Michael Reed
John Rothery
Janice Webb & Family
Doug & Norma Webber
Joe & Carol-Anne Zawrotny
Celeste Ziemba & Family

June Renewals:

Ted Barlow
Bill Burgart
Joe Burros
Allison Cook
Lisa Edson
Karen Gallik
Marion Germino
Sonja Goodwin
Bill Grygiel
Beth Harmon
Mark Henke & Family
Cindy Hibert
Heidi Jeldres
Eva Kealey
Edward Kleciak
Karen Murphy
Claire Norton
Dorothy Pulowski
Donna Russell
John Sheehan
Matt Sposito(S)
Christine Ventulett
Lirong Wen
David Williams
Kathy Young

Please renew early, and renew by mail. (Make checks payable to PVHC) Mail your renewal with your name and any address or phone number changes to:

Pioneer Valley Hiking Club
c/o Deb Gebo,
81 Roseland Terrace, Longmeadow, MA 01106

Pioneer Valley Hiking Club Officers & Committees

Ann Marie Visconti, President (413) 547-2729
 Marcia Kelly, Vice President (413) 256-1063
 Gail Carrier, Secretary (413) 331-0338
 Deb Gebo, Treasurer (413) 567-6703
 Scott Cook, Wilderness Experiences (413) 569-1287
 Ray Tibbetts, Founder

Standing Committee Chairs

Hike Plan: Sue Forest(525-3288) & AnnMarie Visconti(547-2729)
Backpacking Coordinator: Ed Laroche (896-6157)
Trail Maint: Ed Laroche(896-6157)& Rob Schechtman(786-4198)
Web Page Editor: Dick Forrest (525-3288)
Email Correspondent: Rob Schechtman (786-4198)
Email Distribution List: John Klebes (519-1859)
Quartermaster: Jack Leary (562-0264)
Bootprints Editor: Marie Babbitt (467-1165)

Bootprints is a publication of the Pioneer Valley Hiking Club. Send your story contributions to the editor at: marie_babbitt@hotmail.com (Email) or by USmail to Marie Babbitt, 21-1/2 New Ludlow Rd, Granby, MA 01033.

IMPORTANT NOTICES

- ❑ Next Club Meetings:
June 3, 2008, 7pm at **FBC**
July 1, 2008, 7pm at **FBC**
- ❑ Deadline for Submissions for next BootPrints is: June 18, 2008

FBC – First Baptist Church, West Springfield

*** Check out our web page at:
<http://www.geocities.com/pvhcweb>

Members may join the PVHC Email List by sending a message to:
pvhc.hikingclub@gmail.com

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